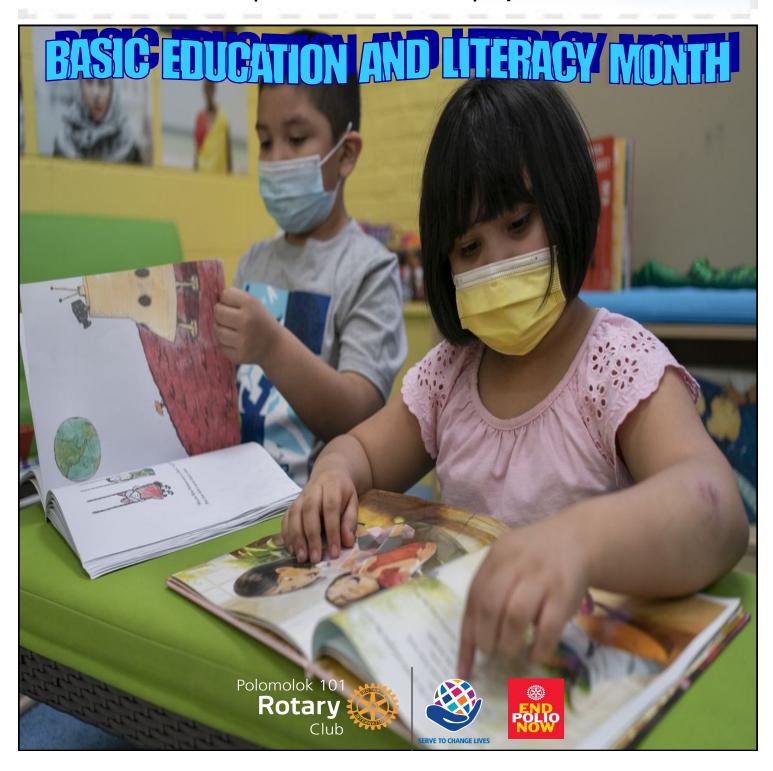
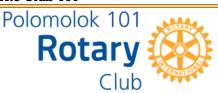
THE OFFICIAL CLUB BULLETIN OF THE ROTARY CLUB OF POLOMOLOK 101

The Club 1

Volume 1 | Issue 3 Series of 2021 | September





OFFICERS AND DIRECTORS RY 2020-2021



SHEKHAR MEHTA Rotary International President



ANNA LOUISA BUMAGAT **District Governor**



CAROLINE DEE ANDRADE **District Secretary**



REGOLLO

Asst. Governor, 3F



LANI CASTANIAGA President



MARY JOY TORRES Vice President



EVERNIE ALFECHE PE/Secretary



MAYVELYN URBANO Executive Secretary



JADE RALLOS Treasurer



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FANNY FERNANDEZ Protocol Officer



CELEMA GRINO Administration **Director**



MARIBEL **ACUESTA** Membership **Director**



ROGELIO RALLOS, JR. **TRF** Director



MELANI DEYPALAN Vocational

Service Director



XAVIER BAYAN Youth Service Director



ALAN INES Community Service Director



NIEVEN MAY ALFECHE **IPP**

"True Leadership lies in guiding others to SUCCESS- In ensuring that everyone is performing at their best, doing the work they are pledged to do and doing it well..."

Shekhar Mehta President 2021-22 September 2021

PRESIDENT'S MESSAGE

I am sure you are having an enriching experience as you Serve to Change Lives. One of the ways you can make the greatest change in a person's life is to help them learn to read. Literacy opens up the world to us. It makes us better informed about life in our own communities and opens vistas to other cultures. Reading and writing connects people and gives us another way to express our love for one another.

September is Basic Education and Literacy Month in Rotary. Enhancing literacy skills is critical in our pursuit of reducing poverty, improving health, and promoting peace. In fact, if all students in low-income countries left school with basic reading skills, it would result in a significant cut in global poverty rates.

Without education, illiterate children become illiterate adults. Today, 14 percent of the world's adult population — 762 million people — lack basic reading and writing skills. Two-thirds of that group are women. Literacy and numeracy skills are essential to obtaining better housing, health care, and jobs over a lifetime.

Especially for girls and women, literacy can be a life-or-death issue. If all girls completed their primary education, there would be far fewer maternal deaths. And a child is more likely to survive past age 5 if he or she is born to a mother who can read. Improving outcomes for more people worldwide is possible only if countries remove barriers to education for girls. The economic argument for doing so is clear: In some countries where schooling is geared toward boys, the cost of missed economic opportunity is more than \$1 billion per year.

Empowering people through education is among the boldest goals we have as Rotarians. We don't have to travel far from our homes to encounter those whose lives are being curtailed because they struggle with reading, rely on others to read for them, or cannot write anything more than their own name.

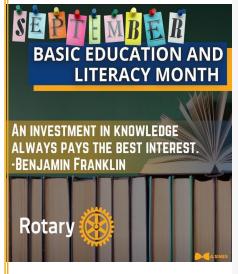
Starting this month, consider how your club can Serve to Change Lives through literacy: Support local organizations that offer free programs to support adult literacy or local language learning, or that provide teachers with professional development centered around reading and writing. Become literacy mentors, or work with an organization like the Global Partnership for Education to increase learning opportunities for children around the world. Have conversations with local schools and libraries to see how your club can support their existing programs or help create needed ones in your community.

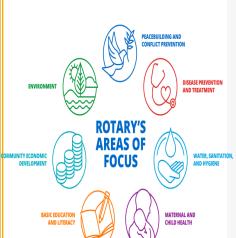
In India, the TEACH program, a successful collaboration between the country's Rotary clubs and its government, has demonstrated how to scale up literacy efforts to reach millions of children. And at a time when schools across India were closed due to the COVID-19 pandemic, the program's e-learning component reached more than 100 million children through national television.

Literacy is the first step out of poverty. As Nobel laureate Malala Yousafzai has noted, "One child, one teacher, one book, and one pen can change the world."

ANNA LOUISA BUMAGAT

District Governor





Message from the Governor

Dear fellow Rotarians,

Greetings!

This September, we celebrate the Basic Education and Literacy Month in our Rotary Calendar. Consider these facts:

- If all women completed primary education, there will be 66% fewer maternal deaths.
- A Child born to a mother who can read and write is 50% more likely to survive past age of five.
- If all children in low income countries completed primary education,
 171 million people could be lifted out of poverty.

As one of the areas of focus of Rotary, Rotarians are supporting educational projects that provide school materials, technology, teacher training, vocational training teams, student feeding programs, water and sanitation facilities, skills trainings, strenghtening mental health of learners, and textbooks for school communities.

As a teacher, I have worked with various schools on crafting a reading program for non-readers in my early years as a Rotarians. I had also been involved in rebuilding efforts especially after super typhoon Haiyan, or locally known as Yolanda, damaged majority of the schools in Ormoc and in Leyte. From working with Rotary clubs on enhancing the skills of teachers on technology to the provision of WASH facilities, materials, equipment, and repairing classrooms and constructing new school buildings, I have seen how communities recover and move forward better with our collective efforts to ensure that school children return to school in a safe and protected environment.

I hope that as Rotarians, we continue channeling our energies towards srenghtening the capacity of our professionals in learning institutions to support basic education and literacy by enabling our learners to have a better and brighter future ahead. Let us be continually inspired to work together for the future of our nation and our world.

Sincerely yours,

Anna Louisa A. Bumagat District Governor



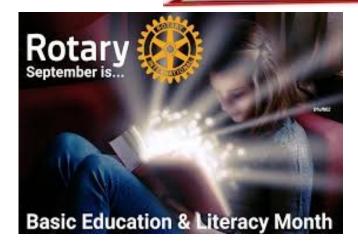
By Prexy Leni
Castaniaga

President

President's Page

In Rotary world, September is Basic Education and Literacy Month. The goal of Rotary is to help strenghten the capacity of communities to support basic education and literacy. We support for education for all children and literacy for children and adults. One of the programs of Rotary is investing in the future through The Rotary Foundation by giving scholarships to students who have the potential to change our communities. Education is very important to the lives of every one because it helps us acquire knowledge, skills, values and attitudes to make right decisions, and undertake roles in contemporary society.

To lead a happy and meaningful life, one needs to study and obtain a great job to be successful in life. It helps in earning money and fulfilling the basic needs of life. Also, education will help gain a reputation by being in a great position. It can help you grow in a career and fulfill your dreams.





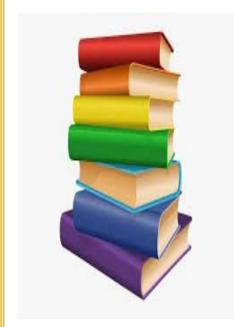






By May Urbano
Past Assistant
Governor



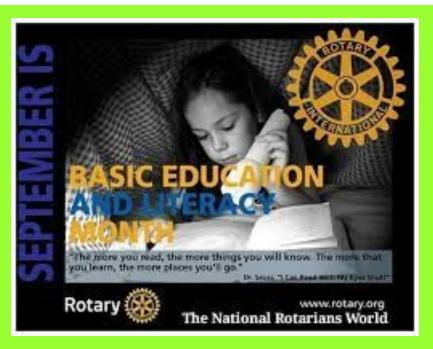


Editor's Note



September is Basic Education and Literacy Month

Basic education and literacy is one of Rotary's six areas of focus. We know that basic education and literacy are essential for reducing poverty, improving health, encouraging community and development, and promoting peace. But the Covid-19 pandemic has disrupted basic education and literacy, impacting over 90 percent of the world's student population. Our education system has greatly affected by the Corona Virus-19 Pandemic. But we, Flipinos are known for being resilient. This pandemic has opened our minds that being resilient should not start when an individual has started his or her family and has experienced problems but rather, should begin from the time we have started with our education. In this way, resiliency has inculcated in our minds and in our day-to-day living. We should not stop being resilient, innovative, and caring. These characteristics will not only contribute to our personal development but also will help our community and in turn, will contribute to our nation.





Poid Fountine and House

AlfecheClub Secretary



Having a positive outlook and seeing the beauty in every critical situation has become our only choice. This positive outlook has then stemmed into our willingness to bond together but following Covid-19 safety and health compliance protocol. In celebration of our club's 16th Charter Anniversary, the Rotaract clubs of Polomolok 101– Community & School-based had their induction ceremony last September 6 2021. Our special thanks to Rotarian Rona Pineda who allow us to hold this event at their Farm Resort.

We are celebrating Basic Education & Literacy Month this September. To gain respect from society, one should be educated and we can learn not only through the lessons in our textbooks but from our beloved teachers.

My mother then was a public highschool teacher. My mother's perseverance to invest in the future of her students by educating them made me realize something at an early age— that education was not just something she had been doing to make a living. It had also become a responsibility for her to ensure that her students would not astray from the path she had been seeting for them. My mother's hardships and rough experiences while practicing her passion and career became my inspiration to be a better and strong person. Let us salute our heroes— our beloved teachers!



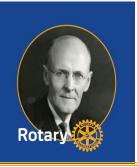
TREASURER'S REPORT

Thank you all for paying your monthly dues! Our District Dues are now fully paid. These past 2 months, we already have a total of 7 projects. That includes feeding and giving gifts to the children at the MSDWO, donating snacks to the participants of the "Safe Motherhood Caravan" project, donating gallons of paint & cleaning materials to a selected school and serving foods to our Medical Frontliners administering vaccination in support to DOH campaign Resbakuna against Covid-19. All these made possible because of the generousity of our members who have been untirelessly donating their time and money for our cause. Thank you and may God rewards you a hundred fold. Remember, GIVING is the key to success, fulfillment and a life of prosperity.



by Jade Rallos

Club Treasurer



"Perhaps dreaming is not so bad if one dreams good dreams and makes them come true."

— Paul Harris,

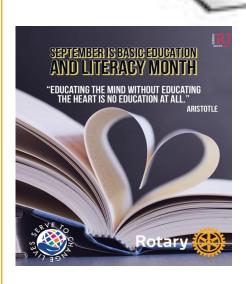
My Road to Rotary

by: PAG Alan M. Ines

Importance of Education

Proper and good education is very important for all of us. It facilitates quality learning all through the life among people of any age group, cast, religion and region. It is the process of achieving knowledge, values, skills, beliefs, and moral habits. People need to get high level awareness about the importance of knowledge more than before. Education is very necessary for each and everyone in order to improve knowledge, way of living as well as social and economic status throughout the life. Getting proper education is the birth rights of everyone restricting which is the crime. Education is the ultimate way to get victory over all the personal and social problems. Education is very important to all of us as it plays very important roles in our life. In order to live a better and peaceful life, we need to be educated. It transforms us completely from inside and outside by changing our mind and personality as well as improving our confidence level. It changes our life completely as it is constructive in nature.

It helps a person to get knowledge and improve confidence level all through the life. It plays a great role in our career growth as well as in the personal growth. It has no limitation; people of any age group can get education anytime. It helps us to determine about good and bad things. An educated person having good education becomes the good citizen in the society. We all want to see our kids going towards success which is only possible through the good and proper education. Every parent tells their kids from childhood about the importance of education in the life and all the advantages of education to make their mind towards better study in the future.









Health Alert!

Polomolok 101
Rotary
Club





By: PP Dr. Melani Deypalan



1. CAN'T TOUCH THIS

Avoid touching your face AND your face covering.

 If you touch your face or face covering, wash your hands or use hand sanitizer.



2. GO PRO

Clinicians will tell you:

- Handle your mask by the earloops or ties
- · When wearing it, make sure it goes over your nose and under your chin

3. REMOVE WITH CARE

- \bullet Grab your mask by the earloops and pull it straight away from your face.
- Bring the loops together to fold it in half with the side that was next to your mouth on the inside.
- Place it in a paper or unsealed plastic bag.

4. KEEP IT CLEAN

Wash cloth masks after daily use, using hot or warm water and dry on the hottest setting.

5. KNOW THE TIME AND PLACE

Wear a mask whenever you leave your home. This includes outdoors when you can't maintain physical distancing. Wear a mask in your home if you live with someone with symptoms of COVID-19.

Wearing a mask shows...



Kindness

Wearing a mask shows...





Love





The Importance of Handwashing

Regular and thorough handwashing is critical in maintaining good personal hygiene, and helping to minimize the risk of spreading germs and viruses inside and outside of the home. Good hand hygiene has a significant impact on health, and encourages the development of other good hygiene practices. By helping children develop good handwashing practices at a young age, you are cementing positive practices that will help keep them, and those around them, more healthy in the future and to prevent them getting COVID-19.





COTARD (O)

HALL OF PAST PRESIDENTS









CP Omar Galinero, PHF+1 PP Espie Maliwat, RFSM+2 PAG Alan Ines, PHF. PP Rogelio Rallos, PHF+3

ROTARY YEAR2005-2006

2006-2007

2007-2008

ROTARY YEAR 2008-2009









PP Maribel Acuesta, RFSM+2 PP Xavier Bayan, PHF +2 PP Rey
Trasporto

PP Grace Salazar, RFSM

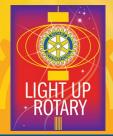
ROTARY YEAR 2009-2010

ROTARY YEAR 2010-2011

2011-2012

ROTARY YEAR 2012-2013









PP Benhur Dapanas

PP Rex Machan PP Celema Griño, RFSM+2 PAG Mayvelyn Urbano, PHF+1

ROTARY YEAR 2013-2014

ROTARY YEAR 2014-2015 **ROTARY YEAR** 2015-2016

2016-2017



History of the Rotary Club of Polomolok 101

The Rotary Club of Polomolok 101 was officially chartered as a legitimate club by Rotary International, through the efforts of its mother club – the Rotary Club of Midtown Gensan -on August 31, 2005. As early as February 2003, there were already numerous attempts to organize a Rotary club in the municipality of Polomolok, but it was only in January 2005 when persistence finally paid off. With the blessing of RC Midtown Gensan, Omar Gallinero became the new club's Charter President, leading 25 other charter members with various classifications. Rotary Club of Polomolok 101 was formed under the leadership of Len Magno as then the District Governor of 3860.

The club's name is suffixed with the number 101 for two significant reasons: one, the club was founded on Rotary International's 101st foundation anniversary; and the club was the 101st club to be chartered under District 3860.

The Rotary Club of Polomolok 101 was registered under District 3860, Area 3F with Club Number 70517. To date, the Club runs on man-strength of 26 committed individuals.

Mission Statement

The mission of Rotary International is to provide service to others, promote integrity, and advance world understanding, goodwill, and peace through its fellowship of business, professional, and community leaders.

Vision Statement

"Together, we see a world where people unite and take action to create lasting change — across the globe, in our communities, and in ourselves."







RC POLOMOLOK 101 OFFICERS 2021-22

PRESIDENT VICE PRES./ PN PRES-ELECT/SEC EXEC SEC TREASURER AUDITOR PIO Sgt.at Arms PROTOCOL OFFICER Lani Castaniaga Mary Joy Torres Evernie Alfeche May Urbano Jade Rallos Gladvs Balano Rona Pineda Rizaldy Cruz Fanny Fernandez Evernie Alfeche

DIRECTORS Membership Public Image Club Admin TRF DRRM Service Project

CICO

Maribel D. Acuesta Omar Gallinero Celema Grino Rogelio Rallos, Jr. Alan M. Ines Xavier Bayan

FOUR AVENUES OF SERVICE DIRECTORS: Vocational Service Community Service International Service Youth Service

Melani Deypalan Alan Ines Malou Teoxon Xavier Bavan

IPP Twinkle Alfeche

The Rotarian Pledge

I am a Rotarian. I will always uphold the truth. I am a Rotarian. I will always strive to be fair in all my dealings with my fellow human beings. I am a Rotarian. I will always endeavor to build goodwill and understanding in my community. Among my countrymen, and among peoples of all nations.

I am a Rotarian. I will always seek to promote the greatest good for the greatest number of people in the spirit of Rotary service.

I am a Rotarian. I will always observe Rotary International's motto:

Service Above Self.

And I will promote this year's theme "Serve to Change Lives".









Roster of Members

Acuesta, Maribel, RFSM +2 Alfeche, Evernie Alfeche, Nieven May, PHF Amolat, Grace Balano, Gladys ,RFSM +2 Bayan, Xavier ,PHF +2 Castaniaga, Lani, RFSM+1 Cruz, Rizaldy, PHF Deypalan, Melani ,RSFM Fernandez, Fanny ,PHF Gallinero.Omar,PHF+1 Grino, Celema ,RFSM+2 Ines, Alan ,PHF Jandic, Darnie ,RSFM Jesura, Grace Maliwat, Espie, RFSM+1 Mondejar, Edelyn Pineda, Rona Rallos, Jade, PHF+1 Rallos, Wang ,PHF+3 Sabellano, Ivie, RFSM +3 Teoxon, Malou Tonguia, Tommy Urbano, May, PHF+1

Classification

Dental Services; Pediatrics

Management:;Transport Services Management; Cooperative Management; Cooperative School Registrar; Private Law; General Practice Management; Government Bank Architecture; Building Dental Services; Orthodontics Insurance; Life&Non-Life Management; Photography & Events Dental Services; Hospital Administration; Private School Management; Spa Management; Commercial Banking Management; Real Estate Investment Consultant; Insurance Management: Farm Resort Medical Technologist Management; Medical Supplies Distribution Management; Commercial Bank Management; Travel Agency Management; Commercial Bank Management; Restaurant

New Members

Torres, Mary Joy Baldostamon, Ducky Buaron, Kris Bianca

Management; Logistics Management; Restaurant Cafe Registered Nurse

*PHF-Paul Harris Fellow *RFSM-Rotary Foundation Sustaining Member











The Four-Way Test of the things we think, say or do.

- Is it the truth?
- Is it fair to all concerned?
- Will it build goodwill and better friendships?
- Will it be beneficial to all concerned?

The Club 1@1 **Calendar of Activities**

DIVID

New Leadership Month



Avavst

Membership & New Club

Development Month

September

Basic Education and Literacy Month



october

Economic and Community Development Month October 24



November

Rotary Foundation Month

November 1-7 World Interact Week

November 26-27 Presidential rference, Manila

December

Disease Prevention and Treatment Month



ADril

Disease

Prevention and

Treatment Month

January

Vocational Service Month



February

Peace and conflict Prevention & Resolution Month February 23

Rotary's Anniversary



water and Sanitation

Month

March 14-18

Youth

Service

Month



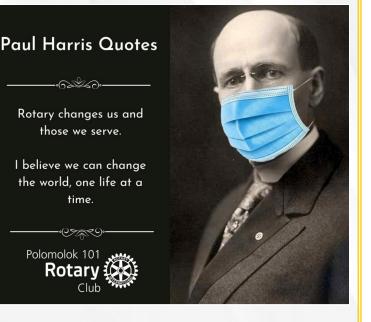
May

Rotary Fellowhips Month Rotary



June

lune 30 International Convention, Houston, Texas





Rotary Year 2021-2022



INDUCTION OF ROTARACTS

The Golden Ranch Farm 6th September 2021

VP Mary Joy Torres Moderator

Rotary Grace
National Anthem
The Rotary Hymn
Declaration of Rotarians in
Business or Prefessions
Introduction of Guests
Welcome Address
What Is Rotaract?
Induction of President &
Officers— School-Based-GSA
Induction of President &
Officers— Community Based
Induction of New
Members
Closing Remarks

PP Melani g. Deypalan PE Evernie Alfeche

PP Rogelio Wang Rallos, Jr VP Joy Torres PP Celema Grino PAG Alan Ines

PP Xavier Bayan

PP Xavier Bayan PP Bel Acuesta

Prexy Lani Castaniaga

Rotary Grace

O Lord, grant us all present here with Your peace, help us in all things to rely upon Your holy will. In every hour of the day reveal Your will to us through Rotary. Bless our dealings with all those who surround us. Teach us to treat all that comes to us with peace of soul and with firm conviction that Your will governs all. In all our deeds and words, guide our thoughts and feelings. In unforeseen events, let us not forget that all are sent by You. Teach us to act firmly and wisely, without embittering and embarrassing others. Let us Iso give gratitude for our opportunity to serve Rotary. Let us give thanks to all our past leaders of this Club and the District 3860. Give us strength to bear the fatigue of the coming day with all that it shall bring. Direct our will, teach us to pray. And You, Yourself, pray in us. Amen.

Declaration of Rotarians in Businesses and Professions

As a Rotarian engaged in a business or profession, I am expected to:

*Consider my vocation to be another opportunity to serve;

*Be faithful to the letter and to the spirit of the ethical codes of my vocation, to the laws of my country, and to the moral standards of my community;

*Do all in my power to dignify my vocation and to promote the highest ethical standards in my chosen vocation;

*Be fair to my employer, employees, associates, competitors, customers, the public, and all those with whom I have a business or professional relationship;

*Recognize the honor and respect due to all occupations which are useful to society;

*Offer my vocational talents: to provide opportunities for young people, to work for the relief

of the special needs of others, and to improve the quality of life in my community;

*Adhere to honesty in my advertising and in all representations to the public concerning my business or profession;

*Neither seek from nor grant to a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship."

THE ROTARY FOUR WAY TEST
Of the things that we think, say or do...

Is it the TRUTH?
Is it FAIR to all concerned?
Will it build GOODWILL and BETTER FRIENDSHIPS?
Will it be BENEFICIAL to all concerned?





THE ROTARY HYMN

I want to be, A Rotarian for the world, Make the Rotary flag, be the flag of peace unfurled

I shall serve my community, Help to seek universal unity

Thru Rotary, I will dedicate my all ,World understanding shall be my cherished goal

Refrain: With the Four Way Test

I'll pursue my quest, And if I, in a way help obtain

Peace in the world, I shall not have lived in vain

I'll observe Service Above Self, Lend a hand to all who'll need my help

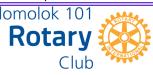
I'll get my spouse to involve in Rotary, And in Rotary ways, I will train my family

(Repeat Refrain - substitute "I" with "We") Build a bridge for tomorrow's youth, Strengthened by nothing but the truth

Let's join our hands, there's no reason to divide We shall all understand, while the good Lord is our guide (Repeat Refrain - substitute "I" with "We")

CODA: Peace be achieved So we won't have lived in vain.

EMBER ACTIVITIES





Club

SEPTEMBER ACTIVITIES Rot SEPTEMBER DISEASE PREVENTION & TREATMENT ACTIVITY Polomolok 101 Rotary In support of Covid-19 Vaccination Campaign

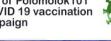




Protektahi ang inyong kaugalingon Ug mga Pinalangga

Pa BAKUNA na!





NANDITO NA ANG



1.79 VACCINE



Serve to Change Lives

SEPTEMBER ACTIVITIES



DISEASE PREVENTION & TREATMENT PROJECT

Forty(40) Bed Foams donated to the new Covid facility in Gensan



supports COVID 19 Vacination Campaign







Serve to Change Lives

SEPTEMBER ACTIVITIES



MANGROVE & BAMBOO PLANTING & COASTAL CLEAN-UP ACTIVITIES



Rotary

Club

SEPTEMBER ACTIVITIES Polomolok 101 **BASIC EDUCATION & LITERACY PROJECT**







Sunshine Greetings!

Happy Birthday!

September 8– Sps Lynette September 11– PE/Sec Tata September 22– PP Xavier September 26– Rotateen Nikki





September 28– CP Omar & Sps Lynette







The Rotary Hymn by George Canseco

I. I want to be a Rotarian for the world,
Make the Rotary flag be a flag of peace unfurled;
I shall serve my community,
Help achieve universal unity
Through Rotary, I shall dedicate my all,
World understanding shall be my cherished goal.

Chorus:

With the Four Way Test
I will pursue my quest
And if I, in a way help obtain
Peace in the world
We shall not have lived in vain.

II. I observe service above self, Lend a hand to all who need my help; I'll get my spouse to involve in Rotary And in Rotary ways I will train my family. (Back to Chorus)

III. Build a bridge for tomorrow's youth,
Strengthened by nothing but the truth;
Let's join our hands, there's no reason we'll divide.

We shall all understand, while the good Lord is our guide.
(Back to Chorus)

IV. Peace be achieved, We shall not have lived in vain.



Plant Lovers' Corner

by VP Joy Torres

Cacti and succulents are easy care plants for any home or patio. They are all able to store water in the fleshy tissues of their stems, roots or leaves. They also have distinctive features that help reduce water loss.

Cacti & Succulent Care Tips:

*Cacti and succulents thrive in containers and because most are slow growing, they do not need to be repotted very often.

*Containers must have drainage and not be too deep. Always use cactus soil or add sand to the soil for good drainage. Most succulents like slightly acidic soil .

*The most common killer of cacti and succulents is over-watering, A moisture meter is the only sure way to gauge how dry or wet the soil is. If in doubt, don't water!









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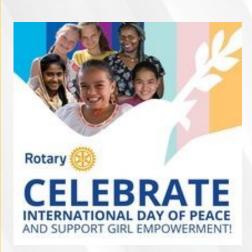




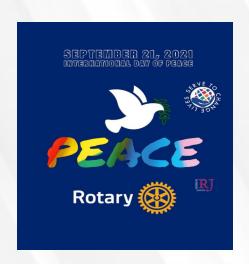
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